

## Holy Cross Confirmation Mentoring Guidelines

### What is a Mentor?

A mentor is an adult Christian who is a spiritual friend and advisor to one or more of our confirmands. A mentor is a mature Christian who is willing and able to talk to a youth about the mentor's experience of God. A mentor models the living of the Christian life for the Confirmand. Ideally, when a Confirmand has a question about what a Christian would do in any given set of circumstances, he or she ought to be able to look at the life of his or her mentor and see the answer. We have found that adding a mentor component to the confirmation process is fruitful and community building. A mentor gives the Confirmand an adult role model who can help them through the decision to be confirmed and possibly beyond.

### Mentor Basics:

1. Establish a relationship with the Confirmand on their journey of faith with God through Christ in a process of prayer, conversation, and service.
2. Have intentional conversations sharing each other's journey of faith, including doubts, struggles, affirmations, and graces. Equal listening and sharing.
3. Pray for Confirmand's process and discernment.
4. Be a companion in the journey.
5. Be supportive of the decision the Confirmand makes regarding confirmation at this time.
6. Should the Confirmand choose to be confirmed, be a presenter of the candidate at Diocesan Confirmation.

### There will be prescribed Confirmand/mentor meetings:

- Seder Dinner April 13,
- Attend one or two classes (11:30-12:30 Sunday morning) dates TBD
- One group service project. Date TBD

\*We will provide questions and activities for the confirmands and sponsors to discuss during their meeting.

### Guidelines for Choosing a Mentor (Parent and Youth)

1. Create a list of potential Episcopal mentors from among those adults who have been at your parish or in your life for at least one year.
2. Choose an adult whom you and your parents trust.
3. Before talking to prospective mentors, discuss prospect with your Youth Leader, Fr. Jim or Sue Dimmitt

Keep in mind: -you will be meeting with the mentor outside of the class setting at least 2 times.  
-you and your mentor will be having discussions about your and their journey of faith.  
- all mentors must complete Safeguarding *God's Children* training.

4. Discern your choice through prayer.
5. Call potential adult mentor to discuss his or her interest and comfort with sharing faith with you.